



# Programmes & Courses CORPORATE BROCHURE



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# Corporate Team Building Courses

## Our Corporate Courses & Programmes

We offer a range of corporate courses and programmes that can be run either on our site in the New Forest, Hampshire or on location at a venue of your choice.

From focused learning to fun team builds, we have a wealth of experience supplying a range of different types of team building programmes working either directly with companies and organisations supporting event management companies and consultancies.

All our bespoke programmes are individually designed to meet the specific requirements of our clients. We combine expertise in personal and team development with specifically designed activities to ensure that we always deliver high quality experiences. While many of our activities are outdoor, we have covered activity areas and sheltered spots as well as a number of indoor team building activities. This enables us to run courses and programmes through the winter as well. We offer the following types of programmes, which can be delivered on site or at a venue of your choice:

- ❖ Team Development Courses & Programmes
- ❖ Leadership Development Courses & Programmes
- ❖ Organisational Development Courses & Programmes
- ❖ Fun Team Days

With access to woodland, lawns and parkland as well as a lake, all situated within the grounds of the private estate, our courses can incorporate an extensive range of team and personal challenge outdoor activities.

### Overnight stays

Our courses can be enhanced with overnight stays in our Shepherd's Huts, camping or bivouacing.





## Corporate Team Building Courses

### Site facilities

The timber-clad Carpenters' Barn can be used for classroom work or meetings, while the decked area adjoining the Barn, complete with its Woodland Bar, is perfect for client entertainment. There are two large marquees and plenty of spaces for break-out meetings.

Our programmes can also be delivered off site at a venue of your choice, throughout the UK - either at our client's workplace, a hotel location, National Park or coastal venue.

Whether you are from a company, organisation, event management company or consultancy, The New Forest Outdoor Centre has all the necessary facilities and equipment, qualified staff and expertise to design and organise a corporate programmes and outdoor team building course that will meet your needs perfectly.





# Team Development Programmes



## Team Development Programmes to improve performance in the work place

**Our team development courses are designed to support teams wishing to improve their performance in the workplace.**

These types of outdoor team building programmes are suitable for companies and organisations wanting to promote more effective relationships within their workplace teams and build constructive team behaviours appropriate to their organisation.

### Team development exercises and activities

Selecting exercises and activities from our extensive range of activity choices we support corporate and professional teams to develop clarity of vision and purpose. We facilitate structural and process change in order for teams to deliver their objectives more effectively. Our team development programmes usually contain a mixture of:

- ❖ experiential activities
- ❖ facilitated group discussions
- ❖ theoretical input

The balance of these different exercises is adjusted to the needs of the group. We always work closely with organisations to ensure that the delivered programme will be effective and sustainable in the organisational context.





# Team Development Programmes

## High quality facilitation

We provide high quality facilitators, coaches and consultants to support and develop senior and workforce teams and their organisations. Our facilitators are:

- highly experienced in working with private, public and third sector organisations.
- able to utilise a wealth of management and psychological tools and models
- committed to ongoing personal development.

## Corporate partnerships

We work in partnership with organisations supporting the staff to reach learning and change solutions for themselves, their teams and the organisation as a whole.

Corporate team development team building courses Our venue

We operate from our own private venue in the heart of the New Forest. With a diverse range of outdoor team building activities as well as indoor facilities, we are the perfect location for an outdoor-based team development course. We provide excellent catering for all bespoke programmes and can organise cold buffets, hot suppers, BBQs and hog roasts. Our courses can be enhanced with an overnight stay on site, either in our Shepherd's Huts or camping in tents or shelters. This can be before or at the end of a one day course, or between days for multi-day courses. We can also help you to find suitable hotel accommodation as required.

Team development programmes at your venue

We can also provide a range of our mobile activities for team development programmes off site at your chosen location - your offices, hotel, conference centre or country park.

For an informal discussion about the ways in which we may be able to help your company or organisation with team development courses please call the office on 02380 284 401. All of our programmes are bespoke so we do not publish a price list - but please do not let this deter you from making an enquiry. We pride ourselves in being competitively priced!





# Leadership Development Programmes



## Leadership Development Programmes to develop personal and interpersonal effectiveness

**The Centre offers a range of leadership programmes from an introductory level through to focused personal and interpersonal development for senior managers.**

We aim to develop leaders through supporting individuals to raise their emotional intelligence in order for them to become more effective personally and interpersonally. We support individuals to become more aware of their personal connection of thoughts, feelings, behaviours and physiology and to use this awareness to understand and appropriately meet their needs.

### Our approach

Our approach is practical and applicable, providing leaders with experiences and development that impacts on how they manage themselves and how they manage their work place relationships. We explore beliefs and attitudes, embrace diverse values and journey with curiosity into the dynamics of groups, culture and leading people in a complex organisational environment.

### Tailored courses

We work with groups in a relational and emergent process, which means we tailor our programmes to the needs of the group on the day and work in response to what is happening within the group as well as the experiences they bring.

### Learning environment

We generate learning through creating fresh experiences using interactive activities, discussion of personal experiences, critique of management and leadership models and personal reflection. A personal and organisational (systems) psychology approach underpins the learning.





# Leadership Development Programmes

## Here and now experiences

We utilise practical, interactive tasks and the outdoors to provide “here and now” experiences, which support the raising of self awareness. On going coaching and facilitation of action learning sets can be included to enhance the learning.

## Our venue

We run our leadership development courses from our exclusive venue in the New Forest, just outside Lyndhurst. With a diverse range of outdoor activities as well as indoor facilities, our site is an ideal venue for an outdoor-based leadership development course. We provide first-class catering for all of our tailored programmes and can arrange cold buffets, hot suppers, bbqs and hog roasts.

## Course duration

Our courses can be anything from half a day to five days long. A nights stay on site, either in our Shepherd’s Huts or camping in tents or shelters always augments a course, with the delegates benefiting from an evening together away from it all. It is possible to add a overnight stay before the start or at the end of a one day course. We can also help you to find suitable hotel accommodation as required.

## Leadership development programmes at your venue

We can set up our mobile activities and provide facilitators for leadership development programmes off site at your chosen location - your offices, hotel, conference centre or country park.

## For more information about leadership development courses

For an informal discussion about how we can able to help your company or organisation with a leadership development course please contact the office on 02380 284 401 or complete the enquiry form below. All of our programmes are tailored to meet your specific objectives so we do not publish a price list - but please do not let this deter you from making an enquiry. We guarantee that our prices are competitive!





# Organisational Development Programmes



## Organisational development programmes for companies and organisations

The New Forest Outdoor Centre offers a range of organisational development services to support the development of organisations.

We work with teams or organisations that are stuck, performing below expectation or repeating behaviours which are detrimental.

We strive to help them to make sense of what is going on, both on the surface and beneath the surface, and facilitate effective decisions about what to do and how to achieve a positive outcome.

We have a wealth of experience and are able to offer courses in a number of areas including:

- ❖ Releasing Potential
- ❖ Creating Strategic Vision
- ❖ Sense Making
- ❖ Managing Change
- ❖ Facilitation
- ❖ Developing Emotional Intelligence

### Our approach

Our consultancy approach supports teams to concentrate on their own process, how they are together, as a foundation to then consider what they are doing and how they are doing it. We believe this approach leads to more effective and sustainable decision making and working practice.

### Course activities

With consultancy we like to use practical interactive activities, discussions and an emergent process to create fresh experiences for teams and individuals in the moment in order to help them make meaning of the current situation and sense of how they are. The thinking is that once we collectively surface what really 'is' as opposed to what we individually hope, want or perceive we are better informed to make effective decisions regarding what to do and how to do it.



## Outdoor environment

The outdoor environment and practical tasks help to engage and surface our intuition and provide real and safe experiences to use as ways of exploring what is happening within the team. By its nature our approach is multi sensory which aids the retention of the experiences and the learning that is generated.

## Our venue

We run our organisational development courses from our own beautiful site deep in the woods in the New Forest, just outside Lyndhurst. With a diverse range of outdoor activities as well as indoor facilities, our site is an ideal venue for an outdoor-based organisational development course. Our hospitality is superb and we serve a range of lunch and supper menus from cold buffets, hot meals, bbqs and hog roasts.

## Course duration

Our courses can range from half a day to five days duration. For longer courses we highly recommend staying on site overnight, either in our Shepherd's Huts or camping in tents or shelters. A night on site, spent with fellow delegates away from it all socialising around the campfire, always enhances a course. For a one-day course we can bolt on a overnight stay either before the start or at the end of the course. If you prefer the more luxurious option we can also help you to find local hotel accommodation. Organisational development programmes at your venue

If you would like to have an organisational development programme off site at your chosen location - office, hotel, conference centre or country park - we bring our mobile activities and provide experienced facilitators.



## For more information about organisational development courses

For an informal discussion about how we can be able to help your company or organisation with an organisational development course please contact the office on 02380 284 401. Our programmes are always unique - designed to meet your specific learning objectives and outcomes so we do not have a published price list - but please do not let this put you off enquiring. We are confident that our prices are competitive!



## Realising Potential



### Organisation Development - Realising Potential

**The New Forest Outdoor Centre is able to work with organisations to unblock or realign their staff systems, processes and structures in order to improve organisational performance.**

This type of realising potential course is focused on realising organisational potential. For realising personal potential see developing emotional intelligence and leadership development.

Supporting you to explore how information, resources and products flow through your organisation our facilitators will help you find a new perspective to look at how the processes are structured, the historical legacy of what is done, why and how and the behaviours that are encouraged both by the structure and the culture.

Many of the blockages in organisations that are blamed on members of staff or teams are in fact problems with systems and processes. Poor flows of information, enforced delays to decision making and inefficient practice create friction and can result in poor performance.

Our facilitators explore what is happening at the interfaces between teams and departments to ensure that each is set up to fulfil its potential. Often team development focuses on setting teams to work better, be more effective together and able to deal with the demands of the organisation. This can make the team better but leaves it placed in an environment that won't let it flourish. If the organisational processes and structures at the interface between teams are resolved first then working effectively as a team and delivering becomes a lot easier.



## Creating Strategic Vision



### Organisation Development - Creating Strategic Vision

**We work with organisations, facilitating the development of strategic vision and values supporting them to gain clarity over which priorities will make a difference and how they want to be as they achieve their vision. Working at all levels we can support consultations and discussions with the staff teams through to the board as well as focused decision making work with the senior team.**

Our involvement continues with organisations supporting you to plan effectively in order to achieve and implement your strategic goals, help to embed mission and purpose throughout the staff team and generate ideas for new developments, directions and products.

Strategic vision and values are achieved through developing behaviours unique to your organisation that define your brand and how you interact both internally and externally. We support organisations to develop their cultural behaviours, helping to embed them throughout the organisation in order to live out their values.



## Organisational Development - Sense-Making

**In changing times the complexity of changing relationships, roles, structures and interpersonal interactions can leave individuals and teams wrong footed and off balance.**

Assumptions, half truths, unspoken concerns and optimistic denial can leave people mentally in different places and unsure of how best to proceed.

The dynamics of organisations are complicated. Each employee has their own values, and beliefs which influence the way they believe the organisation should be. Each person has their own history with the organisation and their own needs which they are hoping will be met from the organisation. Teams similarly have patterns of values and beliefs, history and needs. On top of this each person as a unique perspective on how they actually think the organisation is.

Creating opportunities to make personal sense of what is happening beneath the surface within teams enables individuals to positively contribute to changing and developing the organisation of which they are part. The Team at the New Forest Outdoor Centre provide reflective space, and facilitation to support teams to come together and regain a shared sense of what they are going to do, how they are going to do it and how they are going to be together.



## Organisational Development - Facilitation

**We provide general facilitation services to support teams, organisations, newly forming groups and partnerships to form space for conversation, reflection and decision making.**

Based in our secluded wooded environment at the New Forest Outdoor Centre or at a venue of your choice our facilitators will provide:

- ❖ questioning and structure
- ❖ security for individuals and the process
- ❖ personal awareness to know when to move on, when to stick with it and when to have a break and to draw out and explore the multitude of ideas, opinions and thoughts that exist within the group

Our facilitators will work with you prior to the event to ensure that your group maximises your time together.



# Managing Change Developing EI



## Organisational Development - Managing Change

**We work with organisations to enable them to make appropriate decisions for change and to support them implementing the change. We will work with you before during and after a period of change providing external, objective questioning and testing of ideas.**

We will provide you with the opportunity to make decisions and implement changes with greater clarity.

We can work with teams and across organisations to consult, plan or make sense of change and are happy to work with you at whatever stage you are at.



## Organisational Development - Developing Emotional Intelligence

**Emotional Intelligence has been directly linked to performance at work and improved staff and customer relations, as well as ongoing personal development for people to live fulfilled lives.**

Programmes to support the awareness and development of people's emotional intelligence use a powerful combination of experiential learning activities, along with reflective group discussion.



## Fun team days for corporate groups

Are you looking to do something together as a team and have a fun shared experience? Our fun team days could be the answer. We are able to run courses and programmes for teams from 10 to over 200 delegates. We provide a range of indoor and outdoor activities that combine a mix of personal and team challenges delivered in a fun atmosphere.

Fun team days can be gentle and collaborative, or fast-paced and competitive. Each day is designed with your involvement to ensure that we create your desired atmosphere. Events for large groups often require teams to be doing different activities at the same time. Our detail to programme scheduling ensures that people mix and that the whole group is brought together.

The fun team day creates positive shared memories and helps delegates to forge new relationships whilst enjoying our unique forest environment. While fun team days can improve communication and effectiveness, if this is your principle objective we would recommend one of our team development courses.

### Programme Duration

Fun team days needn't necessarily last just a day!. Staying on site overnight, either in our Shepherd's Huts or camping in tents or shelters, will really make the programme special. A night spent with fellow team mates, away from it all socialising around the campfire, ensures your event will be memorable. If you prefer the more luxurious option we can also help you to find local hotel accommodation.

### Fun team days at your venue

If you would like to organise a fun team day at your chosen location - office, hotel, conference centre or country park - we bring our mobile activities, provide experienced instructors and an event co-ordinator.



## Choosing Activities



## Choosing Activities

The choice of activities that we can provide for a fun team day is extensive. We will advise you on the most appropriate activities to include according to the objectives you have for your day.

Activities we have on offer include:

- High ropes session
- Zip wire
- Archery
- Air rifle shooting
- Low ropes session
- Problem solving challenges
- Giant construction challenge
- Bush craft
- Mountain biking

- Climbing and abseiling
- Axe throwing
- Golf archery
- Cross bows
- Group trust exercises
- Team challenge course
- Drama workshop
- Orienteering and treasure hunts
- Blindfold Land Rover driving

- Drumming workshop \*
- Laser clay shooting \*
- Ferret racing \*

- Apache racing \*
- Duck herding \*
- Falconry\*

\* Please note that these are generally only viable for team days with a larger team and will be quoted for separately

We run our fun team day from our own secluded venue in a private estate of ancient woodland in the New Forest, just outside Lyndhurst. With a diverse range of outdoor activities as well as indoor facilities, our site is the perfect spot for an outdoor-based fun team day. We offer fantastic hospitality to ensure the team never go hungry. The outdoors gives the team a healthy appetite and we can serve anything from a cold buffet, hot meal, bbq and hog roast. After activities we can open our licensed woodland bar and light the campfire.



# Our Prices



## Our Prices

Our programmes are bespoke and our prices vary according to:

- ❖ the type of programme
- ❖ activities included in the programme
- ❖ the level of facilitation required
- ❖ number of delegates on the programme
- ❖ programme duration
- ❖ time of year

As a guide our programmes are based on a minimum of eight delegates with charges from £140.00 + VAT per delegate. We can sometimes offer special rates for large numbers of delegates, multi-day programmes, roll-out programmes and at certain times of year. Please contact us for a quote.